



Getting ready for your Telehealth Appointment

Information for clients

Telehealth enables us to provide support to people all across Queensland, no matter where they live.

What is Telehealth?

Telehealth is where appointments take place **via telephone** instead of in-person. You still receive the same support, just over the phone.

What you will need for your appointment

- A phone
- Cell service

How much does an appointment cost?

- Our services are free



Other tips to prepare for your appointment

Find a quiet and private spot

It may be difficult to have your Telehealth appointment if there are loud noises nearby. It may also be difficult to speak about what's going on for you if other people are around or if you are caring for others at the time of your appointment.

Try to find a quiet and private spot to have your appointment.

You can ask to speak with someone else

You have the right to speak with someone else if you wish to do so. You can ask for this at any time.

We will call you at your scheduled appointment time so grab a cup of tea and get in a comfy position with your phone charged. Speak to you soon.